

# SAMARITAN TIMES

September  
2011



GOOD SAMARITAN RETIREMENT CENTER 1515 Jamacha Way El Cajon Ca 92019

## Celebrating September

**Labor Day**  
*September 5*

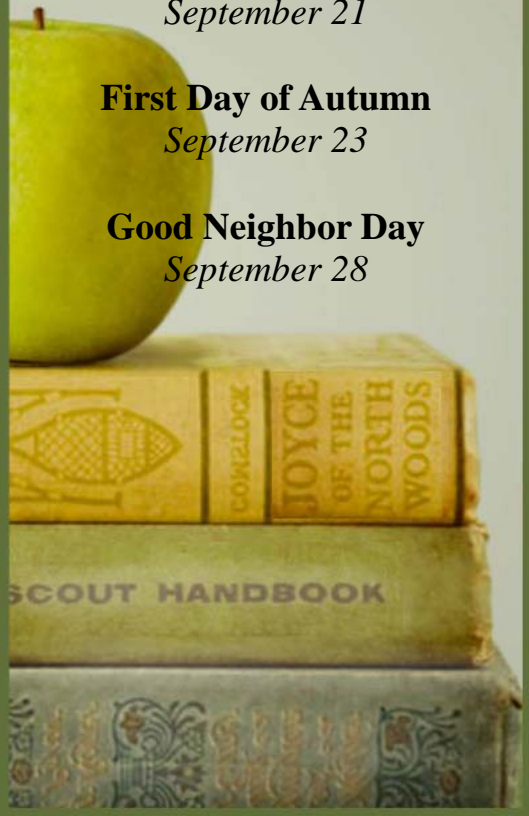
**Grandparents Day**  
*September 11*

**International Housekeepers  
Week**  
*September 11-17*

**International Day of Peace**  
*September 21*

**First Day of Autumn**  
*September 23*

**Good Neighbor Day**  
*September 28*



## Mexican Fiesta And Birthday Party

**Come and join us to sing  
Happy Birthday to the  
Residents born in September  
Friday September 16, 12 noon**

**Featuring:  
Tesoros de Jamul  
Folkloric Dancers**



**Special lunch:  
Cactus salad.  
Pollo Asado or Carne Asada  
Rice, beans, guacamole & salsa  
Flour Tortillas. Flan or Churros for dessert**

**Margaritas & Assorted drinks**



## LAST MONTH RESIDENT'S BIRTHDAY



**PETER**



**CLARITA**



**FRANCES**



**NORMA**



**IRENE**

## EMPLOYEE OF THE MONTH

Congratulation to Reina Urrutia!  
The residents have named you  
Employee of the Month!  
They want to thank you for all the hard  
work you do for them.  
You are always kind and helped them  
with a smile.  
Keep up the good job!

**CONGRATULATIONS!!**



## HAPPY HOUR

We are having the

### “LAURA WALCHER TRIO”

Coming to perform for us in our  
Happy Hour  
On Wednesday September 14 @ 3 pm  
Hope to see you all!!



**LAURA WALCHER TRIO**

**DAILY ACTIVITIES:**

**MASS** Every day @ 9 am

**DAILY EXERCISES @ 9:30 AM**

**WORD GAME** Every Monday @ 10:30 am

**BINGO** Every Monday @ 1:30 pm & Saturday @ 10:30am

**STUD POKER** Every day @ 3 pm

**THROW AWAY BINGO** Every Friday @ 10:30 am

**HAPPY HOUR** Wednesday Sept 14 @ 3 pm

**MOVIE & POPCORN** Friday September 2, 9, 23 & 30 @ 3pm

**ICE CREAM SOCIAL** Every Tuesday & Thursday @ 3pm

**BINGO BUCK STORE** Friday September 30 @ 10:30 am

**PRETTY NAILS** Every Thursday @ 10:30 am

**BIRTHDAY CELEBRATION AND MEXICAN FIESTA** Friday September 16 @ 12noon

**TARGET TOSS** Wednesday September 7 @ 3pm

**BALL TOSS MADNESS** Wednesday September 7 @ 3pm

**RAQUETBALL** Wednesday September 29 @ 3pm

**SHOPPING TRIPS:**

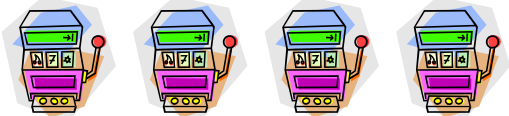
Every Tuesday and Wednesday @ 10 a.m. Sign up on time, seating is limited. If you sign up and then change your plans and no longer wish to go, please be considerate and cross your name of the list.



**CASINO OUTINGS ARE BACK!!!**

We are coming back to the old good days when we had good time at the Casino. This month we will be going on the 27 of September. Mark your calendar and sign up on time. We need a minimum group of 5 To be able to go.

**TUESDAY SEPTEMBER 27 @ 10 AM**



**SHOPPING TRIPS:**

**Tuesday Sept. 6:**

Rite Aid, Chase and Ralph's

**Wednesday Sept. 7:**

Wal-Mart

**Tuesday Sept. 13:**

Target, Albertson's

**Wednesday Sept 14:**

Sprouts

**Tuesday Sept. 20:**

.99c Store

**Wednesday Sept. 21:**

Wal-Mart

**Wednesday Sept 28:**

.99c Store

**RESIDENTS COUNCIL  
MEETING  
FRIDAY SEPT. 23  
@ 1:30 PM**

## MOVIE & POPCORN

### Friday September 2:

**TOP HAT** starring Fred Astaire, Ginger Rogers. A dance-filled dream of a musical!! Classic Series

### Friday September 9:

Comedy, **SISTER ACT** with Whoopi Goldberg, All it does is make you laugh. And laugh. And laugh some more!!

### Friday September 23:

**POWDER** You've never experienced anything quite like POWDER- the uplifting, must-see hit that audiences and critics love! Harassed by classmates who won't accept his shocking appearance, a shy young man known as Powder struggles to fit in. But the cruel taunts stop when Powder displays a mysterious power that allow him to do extraordinary things.

### Friday September 30:

**RANDOM HARVEST** starring, Ronald Colman & Greer Garson. Seven Oscar nominations went to this James Hilton best-seller depicting the romance between a war victim of amnesia (Ronald Colman) and the vivacious showgirl (Greer Garson) who nurtures him back to health. Their love, and three blissful years of marriage, are erased from Colman's mind when an accident reverses his amnesia and returns him to his former life as a wealthy industrialist.

**COME AND ENJOY THESE  
WONDERFUL MOVIES ON  
FRIDAYS @ 3:00 PM IN  
THE TV ROOM**

**POPCORN WILL BE SERVE**



## September Birthdays

Those born September 1 to 22 are hardworking, practical Virgos. Virgos are often kind and dedicated caregivers. They are at home in the company of animals. Often reserved, Virgos shy away from attention. Libras born between September 23 and 30 seek balance and harmony just like their symbol, the scales. They are very social, seek compromise, and have strong powers of critical thinking.

Najiba Shayota.....9/01  
Rosanne Chipp.....9/13  
Jim Sinkes.....9/19  
Elma Seppala.....9/29

*Happy Birthday!!*



## BLOOD PRESSURE AND WEIGHTS

**Thursday September 1<sup>st</sup>  
@ 8:30 am  
In the Library**

### PODIATRIST DR. MORELLO

Please sign up if you are in need of podiatry care, the next appointment is Friday September 16 at 10 am or let the staff know so we can put your name on the list.